





## Measuring Yourself

Seat width in mm	330/360	330/360	360	360	360	360/400	360/400
Handle Bars in mm	500/550	500/550	550	550	550/600	600	600
Hip width in Inches	14	15	16	17	18	19	20

Narrower set-ups can be used for hip widths below 16" but they are not offered on our standard trikes and they aren't really necessary. The narrower seat and bars also drop re-sale chances for the new owner. They are offered for the new 16" wheel compact trikes as they have a narrower track. The Sizing Chart shows which models the wider or narrower seats are available on.

**Measurements Required:-**

- X- Seam.....
- Shoulder Height.....
- Arm Length.....
- Shoulder Width.....
- Hip Width.....
- In Seam.....
- Height.....
- Weight.....